# Saddle Up for the Media Ride of Your Life

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United States Department of Agriculture National Institute of Food and Agriculture © University of Missouri

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## SADDLE

is a supportive structure for a ride or load, fastened to an animal's back by a girth.

We all need support.

How and where

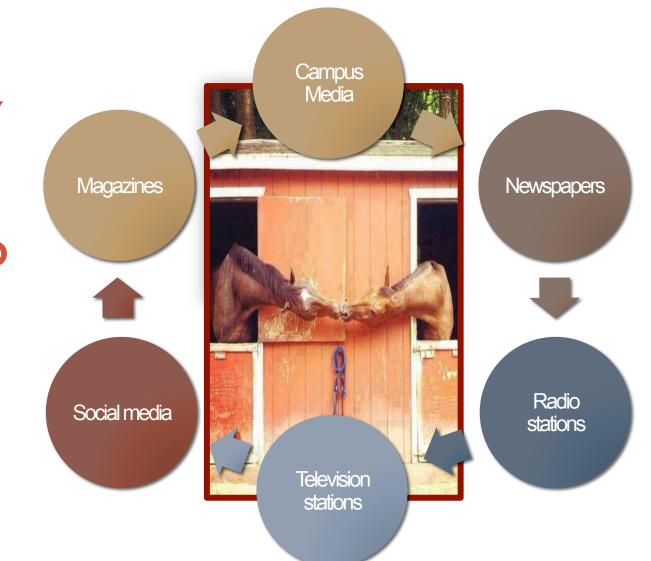
do we get it?







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## **Extension**





### Identify and promote newsworthy stories



### Shine your light on people, not statistics.







### Same story, different format, different markets





















### Bringing home the banties

"Something you've been considering for a while nove" the man said. "Oh, it's definitely happening," I im, glancing at m o-be and giving his hand queeze. "But we've got a lot o "That's "That's understand-able," the man said. "Hopefully we can answer all of them." We were at the Columbia We recognize that this venture will be a consider-

able investment of Center for Urban Agriboth time and money Monday compared with simply buying eggs at the gro-cery store. of talking we've decided we're finally ready to at the grocerv store.

we've decided we're finally neady to take the plunge into poality par-entinod. We recognize this venture will be a considerable investment of both simply buying eggs at the grocery store, especially when you consider that the average hests daily output and our family's daily egg con-sumption means we still will have to have the cossional carton at the ore. But, farm-fresh is a tho store. But, farm-fresh is a thousand times better than factory-raised. And anyway, we have a certain fondness for dorky animals, and that they will eat all the produce I buy and then forget to eat before it goes bad is a bonus. My husband's 9-year-old son is pecially excited about this foray arming, probabl he's been wanting a pr

his gait, but it tidn't throw him. He cinched up his saddle and began the ride of his life. 'You just pick your lip up off the ground and go ride,' he said. Voltamann fell 9 feet on his head at a livestock center in August 2012. Young head to be a said to be a said to be a said to be a livestock center in August 2012. Young I've had chickens in ns allowed to roam n are, to pardon a pun, a ferent bird than are s, which need to be con-pt quiet, cleaned up

med how to build un, how to entertain feed them and how compost their poop. We le sout what city ordinance and a broken back. Karen Funkenbusch, University of Missouri Extension specialist and direc-tor of the Missouri AgrAbility Project, began work with his family immediately. AgrAbility connects injured farmers d won't allow and how to keep the prace with neighbors. "I think you'll be good chicker parents," the man said to us at the visit Then ad

"And you'll be a goo ten protner. tose parting words seemed t m impression. Sino een thinking of chick as an addition to ou ckyard, but an addition to our mily. We are so ready to bring banties. Yows, my husband prom rould be a good father to ure we welcome into ou

vasionatin surget out or ture soldle for six months — "the longest six months of my life," he said — as he and his family learned to adapt to the "new Zane." Despite challenges, Volkmann gradu-ated on time, fifth in his class. He recent-ly completed his freshman year of equine ranch management studies at Northeast-ern Oldshoma A&M Colless nan or otherwis has provided a long lis

gether. And Project Chicken is going t oper Chicken is going to eenture for our extended well. My mother's boy-ho is particularly skilled working, has offered to oop and run for us as a gift. My mother has lets sho is teming for us she is taming for u make sure you get the ver dliest ones," she said. M randmother has promised t such us her tried-and-true neci

snapping techniques — yes, there are several — when it's time to cull the flock. Several friends already have started saving car-tons for us LOVE IT 👽 HATE IT? unch to look forware eggs are only part of th

He'd done it dozens of times before, at this time the momentum propelled m into the air and hurled him to the ound. He suffered three brain bleeds

with res

remain on the farm or in the saddle, urces include referrals to and coor-tion of services with other agencies.

on. Volkmann stayed out of the saddle for

support and educa-



### Zane Volkmann is a 19-year-old horse trainer in New Franklin. He attends Northeastern Oklahoma A&M College, but when not at school, he works with horses as a trainer and farrier in Howard County.

least attacks are free. Let your horse ave one." Although the day ahead is a long on alternation divers no series of ruthing 11 olkmann gives no sense of rushing awn-to-dusk workday is defined tes nor he rush anu're un a creek withre ith a colt, the faster they are going to arn. Each colt is different." After working at the Fuhlage ranch, he eads down the gravel road to the horse

ann broke colts for him befor

Photos by Kyle Spri arries an anvil from his truck to the horse arena. He uses the I to help reshape and fix horseshoes. came a rancher, expects an less from Volkmann, despit Very seldom do you ever get r The passion of farmers is our passion. We want that farmer to stay in the saddle of their horse or rom a child or a horse that you expect or lemand from them," he said. "Zane has a

in their tractor seat." - KAREN FUNKI

me forward. Just because you have a brain injury, it doesn't mean you can't and control with a series of cues and sig-nals like he has done for months. "Trust don't come overnight," he said. The sound of the trainer exhaling, tone

perform at your full potentiat." The passion of fammers is our pas-sion," Funkenbusch stüd. "We want that fammer to stay in the saddle of their horse or in their tractor sext." Each morning, the 13-year-old leaves for the nearby Lazy B Arena after finish-ing chores at in shome. He chast with owner Bart Fuhlage while cleaning stüß, wattering horses at chck. The colt yields to him when he lets the horse smell and feel the saddle before putting it on its back and cinching it. "You have to let him realize this ain't a owner Bart Fuhlage while cleaning watering horses and checking tack. Volkmann's calminhorse-eating saddle," he said. Mean-while, he's "getting lovey-dovey" with him with sweet talk and pats.

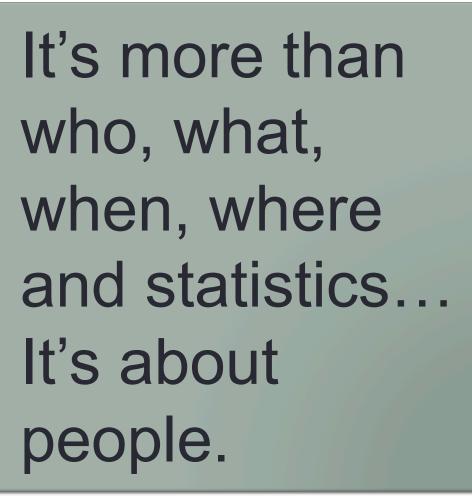
Volkmann's calming voice and the horse-cating while, he's , calmeng of his spurred cowboy boots on him with swe the barn floor beckon the curious horses Although h to stick their muzzles through the bars of about who is i their stalls. Stringer a bar The second secon

Hour a china di a nonzi entri di caperto demand from them," he said. "Zane has a special talent." Wolkmann raises two fingers to the brim of his corrboy hat and tips it to his grandfaltherly mentor. The respect between the two needs no words. Both longtime 4-H members in How-and canny, they each took a horse, faith and a strang work esthic with them when of voice and stance command the horse to walk, trot or lunge in a specific direcfriends, neighbors and family contir to expect no less than success. "My p ents told me that at the end of the c you will succeed. They do everything help me succeed," he said. "Mom a Dad said if you want something, you

port to get out and work for it." And he will. "Twe paid my dues for long time," he said. "The good Lord open another door, and it's my job to through the When the Lord sine will be to

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oility Project, call 800-99 THIS WEEK: PASTEL HAIE LAST WEEK: BIRKENSTOCKS



He who is without a newspaper is cut off from his species. P. T. Barnum

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ace after she e's Day in 2006 i elt well before body indicated he found her something was USSOURI AGRABILIT PROJECT Brain injury 'a long-term thing' for

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as risen at more than three times the rate of inflation since 2008, the most of any meat

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Bethel man In aftermath of aneurysm Chris Allen reached out

for help to keep farming

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BETHEL Mo - Chris Alle t the Rusk Rehabilitation Cente in the midst of th l staff's nversation. Iking about th hell of a ring the

rain injury, and "the brain still

A farmer losses a limb in a farm accident. Another suffers a spinal cord injury off the farm, is dis-abled by a stroke, or deals with distinguished by a stroke.

nu's College of Agriculture Food going to let this and Natural Re 1 Niturni resources. The challenges to remain pro-tive on the farm might differ, t "the common thread has been rAbility has helped them," r whatever is going on e stop them from doing ir passion," said Karen ch, director of the pro-The challe

PATH TO EXTREMISM Everyday Americans get caught up in jihad Radicalization of citizens mon profile nuzzles U.S. officials determined to cut off from the Uni support for Islamic State Their reasons for joining an with Flashpoint Global Partner By NANCY BENAC and DEB RIECHMANN half-worl Foreign fighters from dos aried as their geogtions are pouring into the le East to join the Islamic WASHINGTON iropout from Florida. rsday in Rochester, I embers of the U.S. . in of dis and wings joint from u eople far removed from the See EXTREMISM, Page 5A ger than any motivation tied t 24-HOUR FORECAST STRUCK LOW Today ... cooler, mostly sunny, high in the low 70s, northwest gusting to about 25 mph. Tonight ... cooler, mostly clear, low about 50. Monday ... sunny, high in the low

HERALD-WHIG "having ne folks is as a spinal cord injur unkenbusch said. 'unicenbusch saad. The program provide ervices for any Missouria with a disease, disability of lisorder who is engaged i arming, ranching or an ther agriculture-relate Lovelace pathologist has checkered record ccupation. Funkenbusch said more women on the farm are eeking help from the pro-Doctor who did 2006 autopsy on wife has history of discredited work in central Illinois counties gram. "They might have diabe

ready trying to prever nting to get in the sar situation as their bands," she said.

ulders. 'If I've had a long day I am worn out, my mory is a lot worse," Al-IPad as 'portable brain said. "There's just a lot In jeans, boots and cap en looks every bit a farm of things people take for granted. I know I did for a t of years. I never wrote sything down." Most important on the records a conversation on i iPad, a tool he calls his hings Allen might not re

Early in nis recovery, ...-len knew he needed to get back to the farm. He had crons to harvest and cattle

feed. Four years later

soybeans, hay and cattle — with help. A utility vehiele, once considered a luxury, became a nocessity for Allen to get around the farm and haul equipment. Electric hy-draulic vales on two pieces of equipment case the wear and tear on his arthritic shoulders.

e computer, an ry item that's be

the truck

Activities Activities as simpl walking initially exhat him. Communication mained a challenge. "If I was talking to you, I might get hal through it and run o gas, forget what I wa ing to say." Allen "That was the way my warked at the time."

worked at the time." He was home by October 2010. Friend

the day, I describe accomplish. I walk the combine when he tough part," "You talk to body over the phor emember what was go n. That makes it easy in the next day. If you up the next day and remember anything d oil, need to tigh n this, need these wrench done the day befor

The iPad that Allen ca ries came through the Mis souri AgrAbility Project. **Recovery struggle** 



**ア語目の READ** The Big Read is a program of the READ National Endowment for the Arts



SUNDAY, SEPT. 21, 2014

"At that point. I don't wa The Miss Part of it was he didn't ha the physical stamina he di at one time, and part of ough Illinois is not one of was mental fatigue imp ed his physical stamina Injury aftereffects

Plenty of reminde and small, indicat len started the grill, like h always did, but had no idea naking sure protessiona inderstand what the farm always did, buit nad no see how to cook the ment. "It didn't occur to me that maybe he didn't re-member how to do that," Nelson said. "I ended up Allen has spoken to pr fessionals at AgrAl length of a disk's axl ment, Allen found

> on the farm he'd h The

body who has a brai jury, maybe from a wreck 100 percent depe dent and they start moving back in that independent Allen conti

prise her -willingness others after the ar

aple that if he hadn't DO YOU NEED TO LOSE 20-50 LBS?

Six r





told Kes

Local&Region

Prof says

complaints

of tenure

By ALAN SCHED 744

COLUMBIA Mo.

arks for his

g tenure is never a ing. Dylan Kesler fig

led to denial

Allen had no physical im-pairment, the brain injury's lingering effects would have looked like quirks in his personality. Allen's short-term mem-ory has improved, Nelson said, but it's not what it one was. He still struggles

with time and time

awhile

Good days, bad days

fodoral hadget " Fu

urney if they don't asl

ed the AgrAbility

AgrAbility funding mes through the farm bil

functioning Nelson said.

ran take things the

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espite the price, which is at an all-time high and R the most of any meat. 
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4A

# Where do we go from here?

Questions or concerns?

Contact us at: Karen Funkenbusch <u>funkenbusch@missouri.edu</u> 573-884-1268

> Linda Geist geistli@missouri.edu 573-882-9185



